

Course title	Clinical Psychology				
Course code	PSY1207				
Course type	Compulsory				
Level	Undergraduate				
Year / Semester	Year 2 / Semester 2				
Teacher's name	STF				
ECTS	7.5	Lectures / week	1	Laboratories / week	0
Course purpose and objectives	Students should acquire a thorough introduction to clinical psychology. The purpose is to acquaint students with the core theories, notions, and techniques of clinical psychology. There will also be discussion of clinical psychology-related ethical issues. Students should have a firm understanding of the fundamental ideas that guide the study and application of clinical psychology by the completion of this course.				
Learning outcomes	<p>The following learning outcomes are expected, where students will:</p> <ol style="list-style-type: none"> 1. Demonstrate awareness of the historical evolution and important ideas in clinical psychology. 2. Describe the moral principles and professional benchmarks that apply to clinical psychology. 3. Analyze the benefits and drawbacks of various psychological assessment strategies. 4. Apply fundamental therapeutic techniques to case scenarios. 5. Evaluate the significance of clinical research findings for practice. 				
Prerequisites	None	Required	Yes		
Course content	<p>Students should acquire a thorough introduction to clinical psychology. The purpose is to acquaint students with the core theories, notions, and techniques of clinical psychology. There will also be discussion of clinical psychology-related ethical issues. Students should have a firm understanding of the fundamental ideas that guide the study and application of clinical psychology by the completion of this course.</p> <p>Week 1: Introduction to Clinical Psychology Week 2: Theoretical Approaches in Clinical Psychology</p>				

	<p>Week 3: Psychological Assessment and Diagnosis</p> <p>Week 4: Ethical and Cultural Issues in Clinical Psychology</p> <p>Week 5: Psychological Disorders</p> <p>Week 6: Therapeutic Techniques</p> <p>Week 7: Clinical Interventions</p> <p>Week 8: Lifelong Development and Clinical Psychology</p> <p>Week 9: Research Methods in Clinical Psychology</p> <p>Week 10: Emerging Trends in Clinical Psychology</p> <p>Week 11: Professional Opportunities and Career Paths</p> <p>Week 12: Integration and Application</p>
Teaching methodology	Lecture
Bibliography	<ol style="list-style-type: none"> Bernstein, D. A., Teachman, B. A., Olatunji, B. O., & Lilienfeld, S. O. (2020). Introduction to clinical psychology: bridging science and practice. Cambridge University Press. Sharf, R. S. (2015). Theories of psychotherapy & counseling: Concepts and cases. Cengage Learning. American Psychiatric Association. (2022). Diagnostic and statistical manual of mental disorders (5th ed., text rev.). https://doi.org/10.1176/appi.books.9780890425787 World Health Organization. (2019). International statistical classification of diseases and related health problems (11th ed.). https://icd.who.int/ Peer-reviewed publications will be shared by the lecturer at each lecture, relating to diagnostic measures, treatment and ethical considerations.
Assessment	<ol style="list-style-type: none"> Midterm & Final Exam (30% & 30%): Mid-term and final exams will be conducted covering the entire course. Both exams will include multiple-choice, short-answer, and essay questions. Group assignment and presentation (20%): Assign group projects that require students to work together to provide a case conceptualization, including how to collect clinically-relevant information (i.e. assessment), diagnosis, treatment and ethical considerations, based on real-case scenarios provided by the lecturer. Individual assignment (10%): Critical analysis of one of the potential interventions. Presence and Participation (10%): Students should be present and actively participate in in-class discussions.
Language	Greek